



Olympic Games Tokyo 2020
Session Competition Schedule
(As of 12 September 2018)



VENUE	SPORTS / DISCIPLINE		-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
			22 JUL Wed	23 JUL Thu	24 JUL Fri	25 JUL Sat	26 JUL Sun	27 JUL Mon	28 JUL Tue	29 JUL Wed	30 JUL Thu	31 JUL Fri	1 AUG Sat	2 AUG Sun	3 AUG Mon	4 AUG Tue	5 AUG Wed	6 AUG Thu	7 AUG Fri	8 AUG Sat	9 AUG Sun
Olympic Stadium	Opening and Closing Ceremonies																				
	Athletics											09:00 - 13:30	09:00 - 13:00	10:00 - 13:00	09:00 - 13:00	09:00 - 13:00	09:00 - 13:00	09:00 - 15:00			
												19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 23:00	19:00 - 22:00	20:00 - 23:00	19:00 - 22:00	
	Athletics	(Marathon)										MW/QF/SF/F	MW/QF/SF/F	MW/SF/F	MW/QF/SF/F	MW/QF/SF/F	MW/SF/F	MW/SF/F	MW/F	MW/F	07:00 - 10:00
	Football *1													W/F							M/F
Tokyo Metropolitan Gymnasium	Table Tennis					09:00 - 12:45	10:00 - 12:00	10:00 - 13:00	10:00 - 13:00	10:00 - 13:00	11:00 - 13:00			10:00 - 13:00	10:00 - 13:00	10:00 - 13:00	10:00 - 13:00	11:00 - 14:00	11:00 - 14:00		
						14:15 - 17:15	14:00 - 17:45	14:30 - 17:30	14:30 - 17:30	15:00 - 18:00	15:00 - 17:00			14:30 - 17:30	14:30 - 17:30	14:30 - 17:30	14:30 - 17:30				
						19:00 - 22:00	20:00 - 22:00	20:00 - 22:10	19:00 - 22:00	20:00 - 22:00	20:00 - 22:10	20:00 - 22:10		19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:10	19:00 - 22:10		
						MW/Mix	MW/Mix/QF/SF	MW/Mix/F	M/W	MW/QF	MW/SF/F	M/F		MW	MW/QF	MW/QF/SF	MW/SF	W/F	M/F		
Yoyogi National Stadium	Handball					09:30 - 12:45	09:30 - 12:45	09:30 - 12:45	09:30 - 12:45	09:30 - 12:45	09:30 - 12:45	09:30 - 12:45	09:30 - 12:45	09:30 - 12:45	09:30 - 12:45	09:30 - 11:30	09:30 - 11:30				11:00 - 13:00
						14:30 - 17:45	14:30 - 17:45	14:30 - 17:45	14:30 - 17:45	14:30 - 17:45	14:30 - 17:45	14:30 - 17:45	14:30 - 17:45	14:30 - 17:45	14:30 - 17:45	13:15 - 15:15	13:15 - 15:15				15:00 - 17:00
						19:30 - 22:45	19:30 - 22:45	19:30 - 22:45	19:30 - 22:45	19:30 - 22:45	19:30 - 22:45	19:30 - 22:45	19:30 - 22:45	19:30 - 22:45	19:30 - 22:45	17:00 - 19:00	17:00 - 19:00	17:00 - 19:00	17:00 - 19:00	17:00 - 19:00	
						M	W	M	W	M	W	M	W	M	W	M/QF	W/QF	M/SF	W/SF	M/F	W/F
Nippon Budokan	Judo					10:30 - 14:30	10:30 - 14:30	10:30 - 14:30	10:30 - 14:30	10:30 - 14:30	10:30 - 14:30	10:30 - 14:30	10:30 - 14:30								
						17:00 - 19:30	17:00 - 19:30	17:00 - 19:30	17:00 - 19:30	17:00 - 19:30	17:00 - 19:30	17:00 - 19:30	17:00 - 19:00								
						MW/QF/SF/F	MW/QF/SF/F	MW/QF/SF/F	MW/QF/SF/F	MW/QF/SF/F	MW/QF/SF/F	MW/QF/SF/F	Mix/QF/SF/F								
	Karate	Kata Kumite																09:00 - 14:30	09:00 - 14:20		
Imperial Palace Garden	Athletics	(Race Walk)										07:00 - 09:00							07:00 - 09:30	06:00 - 10:30	
												M/F							W/F	M/F	
Tokyo International Forum	Weightlifting					09:30 - 11:30	12:00 - 14:00		12:00 - 14:00				12:00 - 14:00		12:00 - 14:00						
						13:00 - 15:00	16:00 - 18:00	14:00 - 16:00	16:00 - 18:00	14:00 - 16:00			16:00 - 18:00	14:00 - 16:00	16:00 - 18:00	14:00 - 16:00	14:00 - 16:00				
							20:00 - 22:00	20:00 - 22:00	20:00 - 22:00	20:00 - 22:00			20:00 - 22:00	20:00 - 22:00	20:00 - 22:00	20:00 - 22:00	20:00 - 22:00				
						W/F	M/F	W/F	W/F	M/F			M/F	W/F	W/F	M/F	M/F				
Kokugikan Arena	Boxing					11:00 - 14:15	11:00 - 15:00	11:00 - 14:15	11:00 - 14:15	11:00 - 14:30	11:00 - 14:00	11:00 - 14:30	11:00 - 13:30	11:00 - 13:15		11:00 - 13:30	14:00 - 17:00	14:00 - 16:00	14:00 - 16:30	14:00 - 16:00	14:00 - 16:00
						17:00 - 20:15	17:00 - 21:00	17:00 - 20:15	17:00 - 20:15	17:00 - 20:30	17:00 - 20:00	17:00 - 20:30	17:00 - 19:30	17:00 - 19:15		17:00 - 19:30					
						M	M/W	M/W	M/W	MW/QF	MW/QF	MW/QF	MW/QF/SF	MW/QF/SF		MW/QF/SF/F	MW/SF/F	MW/SF/F	MW/SF/F	MW/F	MW/F
Equestrian Park	Equestrian	Dressage				17:00 - 22:00	17:00 - 22:00		17:30 - 22:20	17:30 - 21:20											
						Mix	Mix		Mix/F	Mix/F											
	Equestrian	Jumping														19:00 - 22:45	19:00 - 21:30		19:00 - 22:25	19:00 - 21:20	
	Equestrian	Eventing										08:00 - 11:10	08:00 - 11:10		17:00 - 19:35	Mix	Mix/F		Mix	Mix/F	
Musashino Forest Sport Plaza												17:30 - 20:55			20:50 - 22:15						
											Mix	Mix			Mix/F						
	Badminton					09:00 - 14:30	10:00 - 15:30	10:00 - 15:30	10:00 - 15:30	09:00 - 14:30	09:00 - 15:30	09:00 - 12:30	09:00 - 16:00								
						18:00 - 22:00	18:00 - 21:30	18:00 - 21:30	18:00 - 21:30	18:00 - 21:30	17:00 - 22:00	15:30 - 21:30	18:00 - 23:00	20:30 - 23:00	20:00 - 23:00						
Tokyo Stadium	Football *1		16:30 - 21:30	16:30 - 21:30																	
			W	M																	
	Rugby							10:30 - 13:30	10:30 - 13:30	11:00 - 14:00	10:30 - 13:30	10:30 - 13:30	10:30 - 13:30								
Musashinonomori Park								16:30 - 19:30	16:30 - 19:30	17:00 - 19:30	16:30 - 19:30	16:30 - 19:30	16:30 - 19:00								
								M	M/QF	M/SF/F	W	W/QF	W/SF/F								
	Modern Pentathlon																				
																			14:30 - 20:45	14:30 - 20:45	
Ariake Arena	Cycling	Road (Road Race [Start])				11:00 - (18:15)	13:00 - (17:35)														
						M/F	W/F														
	Volleyball	Volleyball				09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 11:00	09:00 - 11:00				09:00 - 11:00
						14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	13:00 - 15:00	13:00 - 15:00	13:00 - 15:00	13:00 - 15:00	13:30 - 15:30	13:30 - 16:00
Ariake Arena						19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	17:00 - 19:00	17:00 - 19:00				
																21:30 - 23:30	21:30 - 23:30	21:00 - 23:00	21:00 - 23:00	21:15 - 23:30	
						M	W	M	W	M	W	M	W	M	W	M/QF	W/QF	M/SF	W/SF	M/F	W/F



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VENUE	SPORTS / DISCIPLINE		-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
			22 JUL Wed	23 JUL Thu	24 JUL Fri	25 JUL Sat	26 JUL Sun	27 JUL Mon	28 JUL Tue	29 JUL Wed	30 JUL Thu	31 JUL Fri	1 AUG Sat	2 AUG Sun	3 AUG Mon	4 AUG Tue	5 AUG Wed	6 AUG Thu	7 AUG Fri	8 AUG Sat	9 AUG Sun
Olympic Gymnastic Centre	Gymnastics	Artistic				10:00 - 12:30 14:30 - 17:00 19:30 - 22:00	09:30 - 13:05 15:10 - 18:45 20:20 - 22:00														
								18:00 - 21:00	18:45 - 21:00	18:15 - 21:00	18:50 - 21:00			17:00 - 20:00	17:00 - 19:15	17:00 - 19:15					
						M	W	M/F	W/F	M/F	W/F			M/W/F	M/W/F	M/W/F					
	Gymnastics	Rhythmic																	10:20 - 13:15 14:50 - 17:45	10:00 - 12:40 15:20 - 17:50	11:00 - 12:45
																			W	W/F	W/F
	Gymnastics	Trampoline										13:00 - 15:25 W/F	13:00 - 15:25 M/F								
Olympic BMX Course	Cycling	BMX Freestyle											10:00 - 12:20 M/W	10:00 - 12:40 M/W/F							
	Cycling	BMX Racing									10:00 - 12:00 M/W/QF	10:00 - 12:15 M/W/SF/F									
	Skateboarding	Street					9:00 - 14:00 M/F	9:00 - 14:00 W/F													
	Skateboarding	Park															9:00 - 14:00 W/F	9:00 - 14:00 M/F			
Ariake Tennis Park	Tennis				Center Court	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	12:00 - 20:00	12:00 - 20:00	12:00 - 20:00							
					Court 1	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	12:00 - 20:00	12:00 - 20:00	12:00 - 20:00							
					Court 2	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00										
					Court 3-11	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00											
						M/W	M/W	M/W	M/W	M/W	M/W/QF/SF	M/W/SF/F	M/W/F	M/W/F							
Odaiba Marine Park	Aquatics	Marathon Swimming															08:00 - 11:00 W/F	08:00 - 11:00 M/F			
	Triathlon							08:00 - 10:20 M/F	08:00 - 10:30 W/F				08:00 - 10:00 Mix/F								
Shiokaze Park	Volleyball	Beach Volleyball				09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 11:50	09:00 - 11:50	09:00 - 11:50	09:00 - 11:50	09:00 - 10:50	09:00 - 10:50	09:00 - 10:50	09:00 - 10:50	09:00 - 10:50	10:00 - 12:50	10:00 - 12:50	
						15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	13:00 - 14:50	13:00 - 14:50						
						20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	17:00 - 18:50	17:00 - 18:50						
														21:00 - 22:50	21:00 - 22:50	21:00 - 22:50	21:00 - 22:50	21:00 - 22:50			
Aomi Urban Sports Venue	Basketball	3x3				11:00 - 12:40	11:00 - 12:40	11:00 - 12:40													
						14:10 - 16:00	14:10 - 16:00	14:10 - 16:00	13:30 - 15:20												
						17:30 - 19:30	17:30 - 19:30	17:30 - 19:30	16:50 - 18:50	17:00 - 19:00											
						21:00 - 22:50	21:00 - 22:50	21:00 - 22:50	20:20 - 22:30	20:30 - 23:00											
						M/W	M/W	M/W	M/W/QF	M/W/SF/F											
	Sport Climbing																				
Seaside Park Hockey Stadium	Hockey				Pitch1	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:30	09:30 - 13:30	09:30 - 11:00	09:30 - 11:00	09:30 - 11:00	09:30 - 11:00		
						18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:30	18:30 - 22:30	19:00 - 20:30	19:00 - 20:30	19:00 - 21:30	19:00 - 21:30		
					Pitch2	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45								
						19:00 - 22:45	19:00 - 22:45	19:00 - 22:45		19:00 - 22:45	19:00 - 22:45	19:00 - 22:45									
						M/W	M/W	M/W	M	M/W	M/W	M/W	W	M/QF	W/QF	M/SF	W/SF	M/F	W/F		
Sea Forest Cross-Country Course	Equestrian	Eventing [cross-country]												08:30 - 11:55 Mix							
Sea Forest Waterway	Canoe	Sprint													09:30 - 13:05 M/W/QF	09:30 - 13:10 M/W/SF/F	09:30 - 13:05 M/W/QF	09:30 - 13:20 M/W/SF/F	09:30 - 12:50 M/W/QF	09:30 - 13:10 M/W/SF/F	
	Rowing				09:00 - 12:40 M/W	09:00 - 13:00 M/W	09:30 - 12:10 M/W	09:30 - 11:50 M/W/QF/SF	09:30 - 13:05 M/W/SF/F	09:30 - 12:55 M/W/SF/F	09:30 - 12:35 M/W/F	09:30 - 12:05 M/W/F									
Canoe Slalom Course	Canoe	Slalom					13:00 - 16:45 M/W	14:00 - 16:40 M/SF/F	14:00 - 16:55 W/SF/F	13:00 - 16:45 M/W	14:00 - 16:40 W/SF/F	14:00 - 16:55 M/SF/F									
Dream Island Archery Field	Archery				09:00 - 11:00	09:30 - 12:05	09:30 - 11:05	09:30 - 11:05	09:30 - 13:25	09:30 - 13:25	09:30 - 13:25	09:30 - 11:15	09:30 - 11:15								
					13:00 - 15:00	14:15 - 17:25	13:45 - 17:25	13:45 - 17:25	16:00 - 19:55	16:00 - 18:40	16:00 - 18:40	14:45 - 17:20	14:45 - 17:20								
					M/W	Mix/QF/SF/F	W/QF/SF/F	M/QF/SF/F	M/W	M/W	M/W	W/QF/SF/F	M/QF/SF/F								
Olympic Aquatics Centre	Aquatics	Swimming				19:00 - 21:30	10:30 - 12:30 M/W	10:30 - 12:30 M/W/SF/F	10:30 - 12:30 M/QF/SF/F	10:30 - 12:30 M/W	10:30 - 12:30 M/W/SF/F	10:30 - 12:30 M/W/SF/F	10:30 - 12:30 M/W/SF/F	10:30 - 12:30 M/W/F							
	Aquatics	Diving														10:00 - 11:30		10:00 - 11:30		10:00 - 11:30	
							15:00 - 16:00 W/F	15:00 - 16:00 M/F	15:00 - 16:00 W/F	15:00 - 16:00 M/F		15:00 - 17:30 W	15:00 - 16:30 W/SF	15:00 - 16:30 W/F	15:00 - 17:30 M	15:00 - 16:30 M/SF/F	15:00 - 17:30 W	15:00 - 16:30 W/F	15:00 - 17:30 M	15:00 - 16:30 M/F	
	Aquatics	Artistic Swimming													19:30 - 21:30	19:30 - 21:00	19:30 - 21:00		19:30 - 21:30	19:30 - 21:00	
															W	W	W/F		W	W/F	



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VENUE	SPORTS / DISCIPLINE		-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
			22 JUL Wed	23 JUL Thu	24 JUL Fri	25 JUL Sat	26 JUL Sun	27 JUL Mon	28 JUL Tue	29 JUL Wed	30 JUL Thu	31 JUL Fri	1 AUG Sat	2 AUG Sun	3 AUG Mon	4 AUG Tue	5 AUG Wed	6 AUG Thu	7 AUG Fri	8 AUG Sat	9 AUG Sun
Tatsumi International Swimming Centre	Aquatics	Water Polo					10:00 - 12:40		10:00 - 12:40		10:00 - 12:40		10:00 - 12:40		10:00 - 12:40					09:30-12:10	09:30-12:10
						14:00 - 16:40	14:10 - 16:50	14:00 - 16:40	14:10 - 16:50	14:00 - 16:40	14:10 - 16:50	14:00 - 16:40	14:10 - 16:50	14:00 - 16:40	14:10 - 16:50	14:00 - 16:40	14:10 - 16:50	14:00 - 16:40	14:10 - 16:50	13:40-15:00	13:40-15:00
						18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	18:20 - 21:00	16:30-18:20	16:30-18:20
						W	M	W	M	W	M	W	M	W	M	W/QF	M/QF	W/SF	M/SF	W/F	M/F
Makuhari Messe Hall A	Wrestling	Freestyle Greco-Roman												11:00 - 13:30	11:00 - 13:30	11:00 - 13:30	11:00 - 13:30	11:00 - 13:30	11:00 - 13:30	11:00 - 13:30	
														18:00 - 21:30	18:00 - 21:30	18:00 - 21:30	18:00 - 21:30	18:00 - 21:30	18:00 - 21:30	18:00 - 21:30	
													M/W/QF/SF	M/W/QF/SF/F	M/W/QF/SF/F	M/W/QF/SF/F	M/W/QF/SF/F	M/W/QF/SF/F	M/W/QF/SF/F	M/W/F	
	Taekwondo					10:00 - 17:00	10:00 - 17:00	10:00 - 17:00	10:00 - 17:00												
						19:00-22:40	19:00-22:40	19:00-22:40	19:00-22:40												
Makuhari Messe Hall B	Fencing					09:00 - 15:35	08:30 - 16:00	08:30 - 16:10	09:00 - 14:50	09:00 - 14:50	09:00 - 16:45	09:00 - 14:50	09:00 - 14:50	09:00 - 16:30							
						17:20 - 21:35	17:20 - 21:40	17:25 - 21:30	18:20 - 20:35	18:20 - 20:35	18:20 - 21:25	18:20 - 20:35	18:20 - 20:35	18:20 - 21:15							
						M/W/QF/SF/F	M/W/QF/SF/F	M/W/QF/SF/F	W/QF/SF/F	M/QF/SF/F	W/QF/SF/F	M/QF/SF/F	W/QF/SF/F	M/QF/SF/F							
Tsurigasaki Beach Surfing Venue	Surfing *2					07:00 - 16:20	07:00 - 17:40	07:00 - 15:00	08:00 - 13:00												
Saitama Super Arena	Basketball	Basketball					10:00 - 12:00	10:00 - 12:00	10:00 - 12:00	10:00 - 12:00	10:00 - 12:00	10:00 - 12:00	10:00 - 12:00	10:00 - 12:00	10:00 - 12:00	10:00 - 12:00	10:00 - 12:00			11:30 - 13:30	11:30 - 13:50
							13:40 - 15:40	13:40 - 15:40	13:40 - 15:40	13:40 - 15:40	13:40 - 15:40	13:40 - 15:40	13:40 - 15:40	13:40 - 15:40	13:40 - 15:40	13:40 - 15:40	13:40 - 15:40				
							17:20 - 19:20	17:20 - 19:20	17:20 - 19:20	17:20 - 19:20	17:20 - 19:20	17:20 - 19:20	17:20 - 19:20	17:20 - 19:20	17:20 - 19:20	17:20 - 19:20	17:20 - 19:20	16:00 - 18:00	16:00 - 18:00	16:00 - 18:00	
							21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	21:00 - 23:00	20:00 - 22:00	20:00 - 22:00	20:00 - 22:20	
Asaka Shooting Range	Shooting	(Rifle & Pistol)				08:30 - 16:30	09:00 - 16:30		09:00 - 16:30		09:00 - 12:45	09:00 - 14:30	11:30 - 16:45	09:00 - 14:15	09:00 - 17:00						
						M/W/F	M/W/F		Mix/F		W	W/F	W/F	M	M/F						
	Shooting	(Shotgun)					09:00 - 16:00	09:00 - 17:00		09:00 - 16:00	09:00 - 17:00		09:00 - 15:30								
Kasumigaseki Country Club	Golf										07:00 - 15:00	07:00 - 15:00	07:00 - 15:00	07:00 - 15:30			07:00 - 15:00	07:00 - 15:00	07:00 - 15:00	07:00 - 15:30	
											M	M	M	M/F			W	W	W	W/F	
Enoshima Yacht Harbour	Sailing					12:00 - 18:00	12:00 - 18:00	12:00 - 18:00	12:00 - 18:00	12:00 - 18:00	12:00 - 18:00	12:00 - 18:00	12:00 - 18:00	12:00 - 18:00	12:00 - 18:00	12:00 - 18:00					
Izu Velodrome	Cycling	Track													15:30 - 19:00	15:30 - 19:00	15:30 - 19:00	15:30 - 19:00	15:30 - 19:00	15:30 - 19:00	10:00 - 12:30
Izu Mountain Bike Course	Cycling	Mountain Bike						14:00 - 16:00	14:00 - 16:00												
Fuji International Speedway	Cycling	Road (Road Race [Finish], Individual Time Trial)				(11:00) - 18:15	(13:00) - 17:35			11:30 - 17:20											
						M/F	W/F			M/W/F											
Fukushima Azuma Baseball Stadium	Baseball / Softball	(Baseball)								12:00 - 15:00											
										M											
		(Softball)	10:00 - 12:00																		
Yokohama Stadium	Baseball / Softball	(Baseball)	W																		
											19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00	19:00 - 22:00		12:00 - 15:00	
											M	M	M	M	M	M	M	M		M/F	
		(Softball)		10:00 - 12:00		10:00 - 12:00	10:00 - 12:00	10:00 - 12:00													
			14:30 - 16:30	14:30 - 16:30		14:30 - 16:30	14:30 - 16:30	14:30 - 16:30	14:30 - 16:30												
Sapporo Dome	Football *1																				
Miyagi Stadium	Football *1																				
Ibaraki Kashima Stadium	Football *1																				
Saitama Stadium	Football *1																				
International Stadium Yokohama	Football *1																				

The session competition schedule is subject to changes or amendments up until the conclusion of Tokyo 2020 Olympic Games.

*1 This is the Event Concept. The session schedule will be subject to approval by the FIFA Council in October 2018.

To stage matches in the Sapporo Dome as well as in the Olympic Stadium, the FIFA pitch maintenance requirements have to be fully implemented as stated in a letter from Tokyo2020 dated 2 May 2018.

*2 Surfing Festival will be held from Day 2 to Day 9.